



## How do I sign up for the *All of Us* Research Program?



### 1. Create an Account

If you decide to join the *All of Us* Research Program, the first step is to create an account. You can do this by visiting [JoinAllofUs.org](http://JoinAllofUs.org) or by going to one of our partner centers. You'll need to provide your name and email address or mobile phone number to enroll.

### 2. Give Your Consent

Once you've created your account, you will be asked to give your consent. This includes reviewing a series of videos, which will provide more detailed information about the program. These describe all the types of information you may be asked to give. Once you feel comfortable that you know what to expect, and if you are ready to give your consent, you'll electronically sign the consent form. You can do all of this from your computer, tablet, or smartphone, or at a partner center.

### 3. Agree to Share Your Electronic Health Record (EHR)

As part of the consent process, we will also ask you to agree to share your electronic health record (EHR). Sharing your EHR is your choice. If you decide not to share your EHR, you can still participate by answering health surveys. But you will not be asked to take part in some other aspects of the program.

### 4. Complete the Consent to Get DNA Results

Your DNA results could include information about your ancestry (which is where your family comes from), your genetic traits, whether you have an increased risk for getting certain health conditions, and how your body might react to certain medications. You may want to know this information or you may not.

### 5. Answer Health Surveys

You will be asked to answer several health surveys. These are available on the Participant Portal. You can answer the surveys at your convenience using your computer, tablet, or smartphone. Your name will never be on these. Your answers will help build the *All of Us* Research Program database. Approved researchers can access this database to conduct their studies.

### 6. Have Your Measurements Taken

You may be invited to visit one of our partner centers to have your physical measurements taken (height, weight, blood pressure, etc.) and provide blood and urine samples. You will be able to choose the partner location most convenient for you.

#### For more information:

**Visit:** [JoinAllofUs.org](http://JoinAllofUs.org)

**Call:** (844) 842-2855

**Email:** [help@joinallofus.org](mailto:help@joinallofus.org)