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## 2020 Nutrition Outreach Fellowship QUALIFICATIONS AND REQUIREMENTS

**Open date: March 23, 2020**

**Deadline: April 24, 2020**

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### **Nutrition Outreach Fellowship Overview**

The PA Foundation invites practicing PAs to apply for an exclusive opportunity to build upon their knowledge of nutrition as it relates to patient care utilizing AAPA resources and special training, and to employ that knowledge in practice and in community outreach efforts.

Everyone can benefit from greater knowledge of nutrition and how it impacts health. The idea behind the Nutrition Outreach Fellowship is to provide a way for PAs, especially those with an interest in community leadership, to receive special training and resources on nutrition to both enhance their clinical practice and to give back to their healthcare peers and the community at large.

How it works:

- PAs will apply through the PA Foundation application portal.
- Fellows will be selected through a competitive, unbiased process based upon criteria determined by the PA Foundation Program Committee and a team of PAs with nutrition-related credentials.
- The Fellows cohort will consist of up to 20 PAs.
- Fellows will be tasked with providing training to a minimum of 100 consumers and 100 healthcare peers in their community over the course of the fellowship year. PA Foundation staff will assist in identifying audiences and coordinating logistics.

Goals of the program:

- Provide training to strengthen PA participants' knowledge of nutrition and the role it plays in health with emphasis on:
  - Prevention and management of type 2 diabetes
  - Healthy aging
  - Enhanced Recovery After Surgery (ERAS)

Programming will include:

- AAPA CME
- Resources for practice and outreach
  - Infographics
  - Presentations (for community outreach)
  - Downloadable patient materials
  - Media training on topic
  - Private AAPA Huddle group for Nutrition Outreach Fellows (online forum)
  - Quarterly calls

The cohort of PA Foundation Nutrition Outreach Fellows will participate in the following:

- A three-day in-person Fellows training to be held June 15-17, 2020\*, in Alexandria, VA, to include:
  - Training in nutrition content to be presented by Fellows to healthcare peers and community groups
  - Media training

Fellows will receive a \$1,500 honorarium/stipend for their participation in the program.

The PA Foundation will cover and/or reimburse the cost of the following:

- Airfare/transportation for in-person training
- Lodging for in-person training
- Meals for in-person training
- Mileage for travel to/from community presentations

*The training will begin early on June 15; therefore, selected participants traveling to the training should likely plan to arrive on June 14.*

## Eligibility Criteria

All applications must be submitted by PAs who are members in good standing of AAPA.

NOTE: Nutrition Outreach Fellows will serve as presenters of the nutrition outreach curriculum. Fellows should be comfortable presenting to a group of adults and facilitating groups.

## Application Process

The application is available online through the [PA Foundation website](#).

## Fellowship Requirements

Fellows will be required to participate in the following and meet the following requirements:

- Attend the in-person Nutrition Outreach Fellows training on June 15-17, 2020\*, in Alexandria, VA
- Present to a minimum of 100 consumers and 100 healthcare peers over the course of the fellowship year
- Participate in quarterly calls
- Submit a six-month report and final report to the PA Foundation

The PA Foundation is a non-profit 501(c)(3) organization. This program is funded through a corporate grant. All Fellows are expected to meet the fellowship requirements listed above. If such requirements are not met, the Foundation Board of Trustees will require full or partial reimbursement of stipend based upon unfulfilled required elements.

## Program Dates\*

On-site training	June 15-17
Media scheduling begins	June 2020
First quarterly call	Week of July 27
Second quarterly call	Week of October 19
Six-month report	Week of December 16
Third quarterly call	Week of January 18, 2021
Fourth quarterly call	Week of April 13, 2021
Final report due	June 18, 2021

## Questions?

Contact Caroline Pierce at [cpierce@aapa.org](mailto:cpierce@aapa.org) or 571.319.4510.

Application deadline is **April 24, 2020**.

*\*Please note: Due to the evolving COVID-19 situation and related guidelines and travel restrictions, the training date and program dates are subject to change.*

This program is generously supported by Abbott Nutrition.