

DISCOVER THE DIFFERENCE BETWEEN COLD, FLU AND ALLERGY SYMPTOMS

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Symptom	Cold	Flu	Allergies
Runny/Stuffy Nose	Usually	Usually	Usually
Sneezing	Sometimes	Sometimes	Usually
Mucus	Thick	Thick and gooey	Thin, watery drainage
Mucus Color	Yellow to green	Yellow to green	Clear
Fever	Sometimes, under 100 degrees	Sometimes, 100 degrees or higher	Never
Cough	Usually	Usually	Sometimes
Sore Throat	Sometimes	Usually	Sometimes
Itchy Eyes	Rarely	Rarely	Usually
Chills	Rarely	Sometimes	Never
Fatigue	Sometimes	Sometimes	Sometimes
Aches and Pains	Sometimes	Usually	Never
Nausea, Vomiting and/or diarrhea	Never	Sometimes	Never
Symptoms Lasting 10 Days or More	Rarely	Rarely	Usually