Memorial Pain Assessment Card

4 Mood Scale

Worst Best mood mood

Put a mark on the line to show your mood.

2 Pain Description Scale

Moderate Just noticeable

Strong No pain

Mild

Excruciating Severe

Weak

Circle the word that describes your pain.

1 Pain Scale

Least Worst possible pain pain

Put a mark on the line to show how much pain there is.

3 Relief Scale

No relief Complete of pain relief of pain

Put a mark on the line to show how much relief you get.

Reprinted by permission. Memorial Sloan-Kettering Cancer Center Pain Assessment Card.

Fold page along broken line so that each measure is presented to the patient separately in the numbered order.